

White Eagle Retreats and Events 2024



Dear Members and Friends of White Eagle,

A warm invitation for you to come to our beautiful new Temple of Light at New Lands whenever you can in the year ahead.

In this brochure you will find details of our retreats, courses, main events and regular services (including those streamed) during 2024.

It is over a year now since the dedication services on Sunday 23rd October 2022. It has been a joy to welcome many members, friends and new visitors since the opening, and we hope many more will be able to experience the beauty of the Temple, surrounding gardens, and a variety of walks in the months ahead. We think the gardens have become even lovelier since the original planting, and our Chakra Walk, with individual features marking each point, is worth a journey just to enjoy! You may find your family and friends in heaven walking with you, as the building of the Temple really has strengthened the bridge of light between the two worlds, and brought our angelic brethren even closer.

New Lands Retreat house is lovelier too, with many rooms re-decorated, but still retaining the feeling of an English country family house. The little chapel, where the work outside London all began in 1945, truly is a place which nurtures and heals our hearts, and brings comfort and inspiration. We do look forward to welcoming you.

With our loving greeting and warm wishes for 2024,

Jenny and Rozita

The image shows two handwritten signatures in blue ink. The first signature is 'Jenny' and the second is 'Rozita'. They are positioned to the right of the typed names 'Jenny and Rozita'.

The photos in this brochure show the beauty of New Lands grounds—gardens, woods, walks and wildlife, as well as in and around the Temple of Light

Events at New Lands Month by Month

Month	Title	Access	Page
<i>During January, February and March we are holding a variety of training programmes.</i>			
March 29-31	'A New Look at an Old Story' Easter weekend retreat	All	5
April 20-24	'Life is Vibration' retreat	All	10
April 28	'The Source of All Creation' day retreat	All	5
May 3-6	Long weekend exploring 'Sound and the Creative Self'	All	5
May 17-19	'Jewels of the Soul' weekend	All	6
May 25-30	'Seeking Wellbeing Through Doing' retreat	All	11
June 1	Open Day	All	6
June 14-16	'Gardening and Nature' weekend	All	7
July 6-10	'Walking in the Master's Footsteps' retreat	All	11
July 12-16	Inner Brothers' retreat	Inner Brothers	13
July 27-31	'Understanding the Self' retreat	All	12
September 1	'Music in the Cosmos' day retreat	All	7
September 15	'Finding the Balance of Mind and Feeling' day retreat	All	8
Sept 28-Oct 2	'Celebration of Angels and Nature' retreat	Members	12
October 6	'The Francis Less Known' day retreat	All	8
October 11-13	Take a Step Back...more about meditation weekend	All	9
October 25-28	Astrology Annual Gathering	All	13
Nov 8-10	Take a Step Back...and explore yourself in a new way w/e	All	9
Dec 7-8	'Celebrating the Joy of Advent' retreat weekend	All	10



Retreats at New Lands offer from the outer world with its to spend a few days in a space and spiritually. The house is set in beautiful grounds with gardens, walks and woods to enjoy the healing properties of the natural world. Alongside the comfort of the house and the lovely gardens, to meditate in our Temple of Light is an experience not to be missed!

the opportunity to withdraw pressures and claims in order which nourishes both physically

A retreat encourages gentle unfoldment through meditation and time to reconnect with the heart through discussion with like-minded people, experiential activities, giving and receiving healing, exploring the wisdom of the teaching and simply having time to be! Besides the opportunity to reconnect with one's spiritual self, retreats can be times for light-heartedness and companionship, and friendships are often forged which last for years.

The food at New Lands is plentiful, vegetarian and vegan, with some organic produce. Our welfare-based dairy and egg policy is approved by Compassion in World Farming. If you have a medically diagnosed food allergy or intolerance we will endeavour to cater for you. *Please indicate on the enclosed booking form.*

4.

For details of costs see p 17. For photos of accommodation see pp18/19.

Weekend and Day Retreats throughout the Year

A New Look at an Old Story *weekend*

Fri pm March 29 to Sun pm March 31
with Meg and Simon Bentley

A retreat for the Easter weekend, reflecting on the people who were part of the original Easter story in the light of White Eagle's teaching

Open to all.

'The Source of all Creation' *day retreat*

Sun April 28 led by Marilyn Jones

An exploration of one-ness through White Eagle readings, poetry and sound, walking in nature, movement and stillness in meditation.



Temple courtyard in spring

*Open to all. Bring and share vegetarian lunch. Donations welcome.
To book contact retreats@white-eagle.org.uk*

'Sound and the Creative Self' *long weekend open to all*

Fri pm May 3 to Mon pm May 6 led by Anna Hayward

Such a beautiful time of year to open ourselves to the creative streams of life; to find our imaginations stimulated, and all the senses freed to explore. Come on a journey into other realms within yourself and in the natural world through sound, colour and perfume, and the power of words.



A quiet place to sit

Jewels of the Soul' *weekend*

Fri pm May 17 to Sun pm May 19

A Wisdom School retreat led by Jenny Dent and Tony Ward Willis.

Tony, coordinator of White Eagle`s work in the South West, and Jenny will be contemplating the spiritual lessons of our zodiac Sun signs, the Jewels of the Soul. Tony will link the twelve zodiac signs (which each have individual strengths and weaknesses) with the healing qualities of the Bach Flower Remedies, to discover the spiritual essence or soul quality of each zodiac sign. If you are happy to share your birth date, place and time prior to the retreat, so that accurate charts can be prepared for both natal and progressed Sun, this will help Tony prepare your personalised remedy. *(Any personal astrological information will be kept completely confidential, and only the Sun sign shared with the group.)*

Jenny will lead the group into the Heavenly Wisdom School to work with their guides and the twelve great zodiac angels. *No prior astrological knowledge is required.*

Open to all.



Bluebell wood



Open Day

Saturday June 1

We welcome all visitors to this celebratory event, which is open to everyone, friends and family, our neighbours at New Lands and the local community. Hopefully this day will be blessed with warm summer sunshine.



Tree planting

'Gardening and Nature' *weekend*

Fri pm June 14 to Sun pm June 16 led by Jason Wilson

'You may be nearer the Creator's heart in the garden, where the flowers speak, the trees enfold you in friendliness and motherliness ... than anywhere on earth.'

We will explore the beauty of nature together. A weekend combining practical gardening work in the beautiful grounds at Newlands with discussion and meditation. No previous gardening or meditation experience necessary.

Open to all.

'Music in the cosmos – Musicking the world' *day retreat*

Sun Sept 1 with the Rev Prof June Boyce-Tillman

This day of sound exploration will look at the place of music in our own and other cultures – differentiated both historically and geographically. It will include practical work, discussion, listening, creating and also explore the relationship between music, healing and spirituality. People are encouraged to bring any instrument they have but this is not essential. Set in a beautiful venue it will also include musicking in the environment.

The Rev Professor June Boyce-Tillman MBE is an international performer, composer, workshop leader and keynote speaker.

Open to all, cost £15, including refreshments, but not lunch. Contact retreats@white-eagle.org.uk to book.



'Finding the Balance of Mind and Feeling' *day retreat*

Sun Sept 15 led by Anna Hayward



Across the valley

A day exploring feeling in all senses of that word! How we feel with our physical senses and how we feel emotionally, and how we feel with our etheric senses and how we feel intuitively, as well as how these are connected. A relaxed, experiential day open to all. White Eagle says this: 'Remember the importance of feeling, because through feeling you develop the Christ within...Do not be ashamed of your feelings. They are the pointers, the guides which direct you along the path of Light.'

Open to all. Bring and share vegetarian lunch. Donations welcome.

'The Francis Less Known' *day retreat*

Sun Oct 6 9.30am to 4.30pm
with Meg and Simon Bentley

A day looking at some lesser known and surprising aspects of the life of that much-loved saint whom White Eagle called Brother Francis.

Open to all.

Bring and share vegetarian lunch.

Donations welcome.



Francis and some of our wildlife

'Take a Step back...

... and understand more about meditation' *weekend*

Fri pm October 11 to Sun pm October 13 led by Anna Hayward

During this weekend we will focus on meditation in ways which will make it more accessible. We will explore the 'sanctuary' of our own being, and how meditation is a natural activity which can inspire and transform daily life.

Open to all.



Meditation hut in the garden



Walks in the wood

'Take a Step Back...

... and explore yourself in a new way' *weekend*

Fri eve Nov 8 to Sun pm Nov 10 led by Rozita Hansen

This weekend will give participants the opportunity to take a step back from the outer world and explore who and what we are beneath the physical version of ourselves and how it can be used when we return to our everyday life. There will be time for meditative relaxation and contemplation as well as talks and, if the autumn weather permits, mindful walks on the estate.

Open to all.

'Celebrating the Joy of Advent' *weekend*

Fri pm December 6 to Sun pm December 8

Come and join Jenny and Colum for a happy weekend in New Lands, White Eagle's family home. There will be Christmas readings, talks and meditation, and on Sunday a 'Gathering' in the Temple—our much-missed Advent circle, with the choir singing in the background carols old and new, whilst a circle of light is created. After a festive lunch, the weekend will end with fun-filled games and 'Secret Santa' gifts.

Open to all.



Advent candles

Longer Retreats throughout the Year

'Life is Vibration'

Sat pm April 20 to Wed am April 24 led by Anna Hayward



*Base, sacral and solar plexus
chakra walk symbols*

Under the inspiration of Wesak, this is a time to become aware of the multitude of vibrations of which we and life are composed. From this angle we will explore subtle energies, levels of consciousness, the vibrations of sound/colour/perfume, the resonance of nature, chakra, the realms of existence beyond this one, energy fields, the rays and auras which influence us.

Open to all.

'Seeking Wellbeing Through Doing'

Sat pm May 25 to Thurs am May 30

led by Rozita Hansen and Kam Sokhi

Open to all.

This is a combined spiritual, gardening and cooking retreat. Gardening is an activity that can benefit both body and soul. During these days we will spend time in New Lands garden exploring the benefits of nature for our wellbeing and spiritual development as we contribute to keeping our estate inviting. You will also have the opportunity to spend some time in the kitchen together with our chef Kam, preparing and learning to cook food that feeds the soul as well as the body. Also an opportunity to quiz Kam about cooking and baking tips, or if you have any dietary restrictions, allergies or intolerances.

In between the gardening and cooking we will have time for meditation, attunement, relaxation and, if you wish, sharing of experiences.



Temple in the spring



Silver birch

'Walking in the Master's Footsteps'

Sat pm July 6 to Wed am July 10

led by Rozita Hansen and Emilia van Leent

White Eagle says: 'The whole doctrine of Christ is that of brotherhood and the power of love. The two thousand years of Piscean Age which have passed should be regarded as a period of preparation. In the age ahead, the Aquarian Age, humanity will be given the opportunities to put this teaching into action.'



*Crown chakra
sculpture*

Is what Jesus taught something we can use in our modern lives? What Jesus showed us is, in many ways, timeless and indeed something we can still use as inspiration. In this retreat we will explore this subject in the light of White Eagle's teaching and try to discover how we can use it in our everyday lives. There will be time for meditation and contemplation and mindful exercises and, if you want, sharing of experiences.

Open to all.

'Understanding the Self in Relation to Others and our Spiritual Nature'

Sat pm July 27 to Wed am July 31 led by Anna Hayward *Open to all.*

Much that is challenging in earthly life comes about through misunderstanding. During this retreat we will lovingly explore our relationships from a spiritual and totally respectful viewpoint. Anna never puts anyone on the spot to share, and safety for all is key. So saying nothing is absolutely acceptable - just being part of the group in New Lands is healing and comforting. There will be meditation, times just to be and to enjoy the summer gardens, as well as contemplative sessions.

'Celebration of the Angels and Nature'

Sat pm Sept 28 to Wed am Oct 2 *Members' Retreat*
led by Rozita Hansen

This is a combined gardening and spiritual retreat. We will particularly focus on what the angels can show us for our spiritual journey—how we can work with them. We will be doing this through gardening on New Lands estate, exploring how awareness of the natural world can help us come closer to the angels. We will be doing some gardening, having meditative walks and meditations, as well as talks and sharing.



Throat chakra planting

Specialist Retreats and Courses



Meadow flowers

Inner Brothers' Retreat

Fri eve July 12 to Tues July 16 (*For initiated Inner Brothers and accepted candidates*)

During this retreat, Jenny and Rozita will give in-depth talks about the deep inner dedication we make as Inner Brothers, and the beautiful symbolism of our Brotherhood Ritual.

For costs see page 17. However, we would not wish any brother to be prevented from joining this retreat for financial reasons (space permitting and early application is advised) . Grants are available.

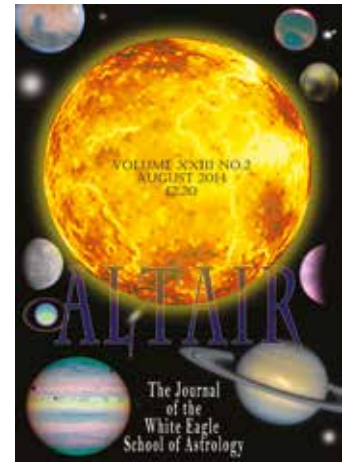
Astrology Annual Gathering

Sat Oct 26 to Mon 28 (*after lunch*)

(Residents arrive Friday evening 25 October and may stay until Tuesday morning in order to attend contact healing service on Monday afternoon and/or brotherhood meeting on Monday evening. People can also attend on a daily basis)

At the time of printing the subject for the gathering has not yet been decided, but further details will be published in the February edition of ALTAIR and on the White Eagle website.

We would particularly encourage students on our courses to attend; however, as always, everyone is welcome!





Snowdrops

Contact Healing Supervisors' meeting

Sun pm February 18 to Wed am February 21 (*By invitation*)

Contact Healing Refresher/Training Course I

Fri eve March 15 to Thurs am March 21

If you have participated in the distant healing work for at least one year, and would like to be involved in the contact healing, please contact frank.hansen@white-eagle.org.uk or phone +44 (0) 1730 893 300 for information.



Daffodils on temple drive



*The play of light
in the Temple of Light*

Contact Healing Training Course II

Fri eve November 15 to Wed am November 20

An opportunity to further your skills. Please contact frank.hansen@white-eagle.org.uk or phone +44 (0) 1730 893 300 for information.

Festival Services and Sunday Gatherings

The Sunday services again in 2024 take two formats:

- The Festival Services, for example at Easter, will always include choir items, hymns and readings, as well as a time of meditation. *These services will be streamed online.*
- On other Sundays there will be what we are calling Sunday Gatherings. These times together are designed to celebrate the interaction of the physical world with the divine. They will vary in content and format.

Date	Festival Service or Gathering	Online
21st January	Service	streamed
18th February	Anniversary Service	streamed
3rd March	Service	on Zoom
17th March	Healers' Service	streamed
31st March	Easter Festival Service	streamed
14th April	Sunday Gathering	
21st April	Wesak Festival Service	streamed
19th May	Sunday Gathering	
26th May	Christ Full Moon Service	streamed
23rd June	Midsummer Gathering and Earth Healing attunement	streamed

7th July	Sunday Gathering	
28th July	Service	streamed
15th September	Sunday Gathering	
29th September	Festival Service	streamed
13th October	Sunday Gathering	
27th October	Sunday Gathering	
10th November	Remembrance Service	streamed
17th November	Healers' Service	streamed
8th December	Advent Gathering	streamed
22nd December	Christmas Festival Service	streamed



Cross within the circle activity



Temple circles



Inside the temple at Christmas

Retreat Fees

Standard rate £115 per night, includes dinner, bed, breakfast and lunch - 5% discount for members
 - Bring a friend and share a room get 5% discount for both persons - both places must be booked at the same time.

Nights	Standard Rate	Bring a Friend	Member	Member and Bring a Friend
2	£230	£218.5	£218.5	£207
3	£345	£327.75	£327.75	£310.5
4	£460	£437	£437	£414
5	£575	£546.25	£546.25	£517.5

Extended or Independent stays

Extended or independent stays (if members wish to stay to attend Brotherhood, services etc) –

Bed & Breakfast rate is £50 per night. Breakfast is 'help yourself' and clean up after yourself.

Regional Centre Retreats

Regional centres can bring groups to stay at New Lands and run their own retreat.

The fee is £800 (offered at a 20% discount to external hire rate) per night for up to 10 persons and £75 per night for each additional retreatant and night.

Minimum 2 nights. Facilitator place free of charge.



Newlands retreat house



dining room

New Lands Retreat House

Enjoy food and
companionship in the
dining room.

Read and reflect in the
library.

Make friends, discuss and
relax in the lounge.



lounge



library

library



lounge



entrance

bedroom: Rose



New Lands Retreat House

You will have a warm welcome
when you arrive.

Opportunities to sit quietly
in the chapel.

A good rest in one of the bedrooms.



chapel

bedroom: Ruby



bedroom: Willomee





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